



A STEP-BY-STEP GUIDE TO THE AMCAS APPLICATION

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As a pre-med candidate, you've worked throughout college on your prerequisites, and ventured onto volunteering, shadowing, research, and more. Now, it's time to actually create an AMCAS account and start filling out the application. As you probably already know, the AMCAS is a centralized system created by the AAMC which enables you to send your primary materials to each of the MD programs on your list.

The first step is to of course [register](#) for an account on the AMCAS website. Once you've finished creating your profile, you will have to fill out the following sections:

1. Identifying Information
2. Schools Attended
3. Biographic Information
4. Coursework
5. Work and Activities
6. Letters of Evaluation
7. Medical Schools
8. Essay
9. Standardized Tests



THE DIFFERENT APPLICATION SYSTEMS

As a centralized application system, when you send your files through the AMCAS, the platform makes your information available to your selected institutions — given that they are part of the AMCAS. You'll be able to choose from the 150 AMCAS member schools, which don't include programs that fall within the AACOMAS (used by DO schools), Caribbean medical schools, and TMDAS (Texas) institutions. Below is a list of all the medical institutions that do NOT accept the AMCAS and their governing application systems. If the schools you are applying to are in the table below, this e-resource is not for you!

AMERICAN ASSOCIATION OF COLLEGES OF OSTEOPATHIC MEDICINE (AACOMAS)

- A.T. Still University (Kirksville College of Osteopathic Medicine)
- A.T. Still University School of Osteopathic Medicine in Arizona
- Alabama College of Osteopathic Medicine
- Arizona College of Osteopathic Medicine
- Arkansas College of Osteopathic Medicine
- Burrell College of Osteopathic Medicine
- Campbell University School of Osteopathic Medicine
- Chicago College of Osteopathic Medicine
- College of Osteopathic Medicine of the Pacific
- Debusk College of Osteopathic Medicine at Lincoln Memorial University
- Des Moines University College of Osteopathic Medicine
- Heritage College of Osteopathic Medicine
- Kansas City University of Medicine and Biosciences
- Lake Erie College of Osteopathic Medicine
- Liberty University College of Osteopathic Medicine
- Marian University College of Osteopathic Medicine
- Michigan State University College of Osteopathic Medicine
- New York Institute of Technology College of Osteopathic Medicine
- Nova Southeastern University College of Osteopathic Medicine
- Oklahoma State University Center for Health Sciences

- Pacific Northwest University of Health and Sciences College of Osteopathic Medicine
- Philadelphia College of Osteopathic Medicine
- University of Pikeville Kentucky College of Osteopathic Medicine
- Rocky Vista University College of Osteopathic Medicine
- Rowan University School of Osteopathic Medicine
- Texas College of Osteopathic Medicine
- Touro College of Osteopathic Medicine - California
- Touro College of Osteopathic Medicine - New York
- Touro College of Osteopathic Medicine - Nevada
- University of New England College of Osteopathic Medicine
- University of the Incarnate Word School of Osteopathic Medicine
- Edward Via College of Osteopathic Medicine
- West Virginia School of Osteopathic Medicine
- William Carey University

CARIBBEAN SCHOOLS

- Alexander American University
- All American Institute of Medical Sciences
- All Saints University College of Medicine
- All Saints University School of Medicine
- American International Medical University, American International School of Medicine
- American University of Barbados School of Medicine
- American University of Integrated Sciences
- American University of St. Vincent School of Medicine
- American University of the Caribbean School of Medicine
- Atlantic University School Of Medicine
- Avalon University School of Medicine
- Bridgetown International University
- Caribbean Medical University School of Medicine
- Central America Health Sciences University Belize Medical College
- College of Medicine and Health Sciences/aka Destiny University
- Escuela Latinoamericana de Medicina
- Facultad de Ciencias Medicas Ciego de Avila
- Facultad de Ciencias Medicas Cienfuegos
- Facultad de Ciencias Medicas Granma
- Facultad de Ciencias Medicas Holguin
- Facultad de Ciencias Medicas Las Tunas
- Facultad de Ciencias Medicas Matanzas

- Facultad de Ciencias Medicas Pinar del Rio
- Facultad de Ciencias Medicas Sancti Spiritus
- Georgetown American University
- GreenHeart Medical University
- Instituto Superior de Ciencias Medicas de La Habana
- Instituto Superior de Ciencias Medicas de Santiago de Cuba
- Instituto Superior de Ciencias Medicas de Villa Clara
- Instituto Tecnológico de Santo Domingo Escuela de Medicina
- International American University College of Medicine, International University of the Health Sciences
- John F. Kennedy University School of Medicine, Lincoln American University
- Medical University of the Americas
- Pontificia Universidad Católica Madre y Maestra Departamento de Medicina
- Ross University School of Medicine
- Saba University School of Medicine
- Saint James School of Medicine
- Saint James School of Medicine
- American, University of Antigua
- Metropolitan University College of Medicine
- University of Health Sciences Antigua School of Medicine
- American University School of Medicine Aruba
- Aureus University School of Medicine
- Xavier University School of Medicine
- Seoul Central College of Medicine
- Spartan Health Sciences University
- St. George's University School of Medicine
- St. Martinus University Faculty of Medicine
- St Matthew's University School of Medicine
- Texila American University
- Trinity School of Medicine
- Universidad Autónoma de Santo Domingo Departamento de Medicina
- Universidad Católica Nordestana Facultad de Ciencias Medicas
- Universidad Católica Tecnológica del Cibao Escuela de Medicina
- Universidad Central del Este Escuela de Medicina
- Universidad de Ciencias Medicas de Camaguey
- Universidad de Ciencias Medicas de Guantanamo
- Universidad Iberoamericana (UNIBE) Escuela de Medicina
- Universidad Nacional Pedro Henríquez Ureña Escuela de Medicina
- Universidad Tecnológica de Santiago Escuela de Medicina
- Santiago de Los Caballeros
- Universidad Tecnológica de Santiago Escuela de Medicina
- Santo Domingo, Université d'Etat d'Haïti Faculté de Médecine

- Université Joseph Lafortune Faculté de Médecine
- Université Lumière Faculté de Médecine
- Université Quisqueya Faculté des Sciences de la Santé
- University of Medicine and Health Sciences
- University of Science, Arts and Technology Faculty of Medicine
- University of the French West Indies
- University of the West Indies Faculty of Medicine
- University of the West Indies Faculty of Medicine
- Victoria University of Barbados, Washington Medical Sciences Institute
- Washington University of Health & Science
- Windsor University School of Medicine

TEXAS MEDICAL & DENTAL SCHOOLS APPLICATION SERVICES (TMDSAS)

- University of Texas Southwestern Medical School
- University of Texas Medical Branch at Galveston
- Long School of Medicine at UT San Antonio
- McGovern Medical School
- UT Austin Dell Medical School
- UT Rio Grande Valley School of Medicine
- Texas A&M University College of Medicine
- Texas Tech University Health Science Center School of Medicine
- University of North Texas Health Science Center — Osteopathic Medicine
- Texas Tech University Health Sciences Foster School of Medicine
- Sam Houston State University College of Medicine

Students applying only to MD schools will encounter at least one (or maybe even 20) members of the AMCAS — but there may be some programs on the Texas app that also grab your attention. If you're considering both MD and DO programs, you'll also have to fill out the AACOMAS.

REGISTRATION

The first step is very basic. To ensure that you're able to fill out the AMCAS, you need an account. Once you've included your name and email address, you'll have to answer a couple more questions: whether you are a pre-med or undergraduate student, if you're applying to medical school, and whether you've previously used the AMCAS or other AAMC services to apply.

1 Personal Information

2 Initial Questions

3 Account Information

All fields are required unless otherwise noted.

Email Address

Enter Email Address

Confirm Email Address

Enter Email Address

Prefix (Optional)

Select Prefix

First Name

Enter first name

Middle Name (Optional)

Enter middle name

Last Name

Enter last name

Generational Suffix (Optional)

Select Suffix

Postnominal Suffix (Optional)

e.g. PhD, MBA, etc.

Sex

Select Sex

CONTINUE

Which best describes you?

Pre-Med or Undergraduate Student

☒

Medical School Student, Resident, Fellow

☐

Staff or Faculty at a Medical School or Teaching Hospital

☐

Other

☐

Have you previously used AAMC Services such as:

AMCAS

Fee Assistance Program

MCAT

MSAR

SHPEP (previously SMDEP)

Yes ☐

No ☐

Once you've filled out this introductory information, you'll have to choose a username and verify your email address so that you can start filling out the actual primary application that will be sent to medical schools. A lot of these steps might seem straightforward, but programs use your answers to understand more context about who you are, the experiences you've had, and how you might fit in with their institution. So, don't take these lightly. Without further ado, let's take a look at sections 1 through 8 so that you gain a better understanding of what the AMCAS expects as you fill out each portion.

FILLING OUT THE AMCAS

Before you sit down to fill out the AMCAS, make sure you're prepared. You'll need the following information:

- A list of all your college courses, along with the grades you received in them
- A list of your extracurriculars and work experiences
- Your parents' educational background
- Your MCAT score and GRE score (if applicable)
- Name and contact information for your recommenders
- Your high school and college address
- \$170 for processing the AMCAS and additional \$40 for each school you add
- Your AAMC username and password
- The AAMC number that appears on your MCAT

SECTION 1: IDENTIFYING INFORMATION

The first section asks for fundamental information about yourself, such as your name, birth, sex, gender identity, any ID numbers, and other documents that you send via the AMCAS.

- **Name** – Your name should already be filled out from when you registered. Check to see whether you've spelled everything correctly!
- **Legal Name** – If you go by a name different from what's on your legal documents such as your passport or birth certificate, this is where you let the AMCAS know.

Name

Prefix	First Name (required)
<input type="text" value="Select Prefix"/>	<input type="text" value="Padya"/>
Middle Name	Last Name (required)
<input type="text" value="Middle Name"/>	<input type="text" value="Paramita"/>
Generational Suffix	
<input type="text" value="Select Suffix"/>	

Legal Name

Legal First Name (required)

Legal Middle Name

Legal Last Name (required)

Legal Generational Suffix

- **ID Numbers** – This is a number used for verification purposes. The AAMC is the organizing board behind the MCAT. If you’ve already taken the MCAT, you’ll have received a registration number. This is where you put in that number so that the AAMC can connect your MCAT score to your AMCAS. If you haven’t taken the MCAT yet, you may insert the student ID that’s attached to the top of your transcript, so that medical schools can verify that you’re the same person!
- **Birth & Sex** – This sub-section enables you to elaborate more on your identity. Alongside pinpointing whether you were assigned male or female at birth, you also have a spot to specify your gender (you can click multiple options) as well as preferred pronouns. This can provide admissions officers with more context on who you are and help ensure that they use the correct terms when referring to you.

Sex*

- ☐ Male
☒ Female
☐ Decline to Answer

[To edit your Sex, go to My AAMC Profile](#)

What is your current gender identity?

- ☒ Male
☒ Female
☐ Trans male/Trans man
☐ Trans female/Trans woman
☐ Genderqueer/Gender non-conforming
☐ Different Identity

Please select the set of pronouns you want people to use to refer to you.

- **Birth Country** – The final addition to this section is your country and city of birth. You may have been born somewhere different from your nationality and citizenship (which you’ll get to add later). Admissions committee members want this information simply for more context on you and your family.

SECTION 2: SCHOOLS ATTENDED

The second section is divided into the following parts:

- High School
- College
- Transcripts
- Previous Matriculation
- Institutional Action

High School - As the name suggests, this is where you enter the name of your high school. The AMCAS wants to know the name of the school, alongside your graduation year and where it is located. While high school should not be a central focus of your application, the AMCAS asks about it for a better context of your background — to understand where you grew up, the resources your school had, and who your peers were.

High School

Country *

Select Country

Graduation Year *

Select Year

Colleges - Up next, we have the slot for your undergraduate institution. The AMCAS requires information about every college that you attended, including ones that you may have transferred from or where you went if you studied abroad for one or more semesters. The portal asks you what degree you received, when you graduated, and what your major(s) and minor(s) were at each university.

Colleges

Note: If you have ever taken a post-secondary course anywhere other than at your home institution, taken foreign coursework including a study abroad course or taken any military course work, you must add these schools to our application. **This includes college courses taken while in high school and courses taken at another institution even if credit was transferred.**

☐ I understand that I must include schools where I attempted post-secondary and foreign/study abroad courses. [Please review additional information](#) about Foreign/Study Abroad coursework if you need assistance. *

☐ I understand I must include institutions where I attempted military education courses. [Please review additional information](#) about Military Education if you need assistance. *

Please add information about the college(s) you attended.

[+Add College](#)

Transcript - The AAMC requires that you include official transcripts from colleges that you previously attended. Using the “create a transcript request” form, you should provide the applicable registrar’s offices with the information necessary for sending your transcript to AMCAS. Requesting a transcript can take time. Send the request in advance (at least two weeks) so that you aren’t held up when attempting to submit your AMCAS.

AMCAS Transcript Request

School Attended: , Aug 2014 - Jun 2018

Name on Transcript: *

Select name on transcript ▼

College Address Information:

College Name: *

You must enter the collage name in the text area ⓘ

Please enter the college name.

Street 1: *


You must enter the college street 1 in the text area

Please enter the college street.

Street 2:

Previous Matriculation - If you’re not a first time matriculant and had previously attended medical school for any period of time, this is the place to put that information. If this was the case for you, it will be essential to inform schools on the context of your departure, discuss why you have decided to resume this path, and show your continued dedication towards the field.

Previous Matriculation

 You have "matriculated" as a medical school student if you were officially enrolled and attended classes as a candidate for a medical school degree.

Have you ever matriculated at, or attended, any medical school as a candidate for a medical degree? *

☐ Yes


☐ No

Please briefly explain: *

1325 characters left of 1325

Institutional Action - The AMCAS wants to know whether you've faced any disciplinary action due to violations in conduct — even if it may not appear on your transcript or did not disrupt your enrollment in college. Most schools provide an additional information section in their secondaries to explain the situation or circumstances surrounding actions like this.

Institutional Action

 You must answer "Yes" even if the action does not appear on or has been deleted or expunged from your official transcripts due to institutional policy or personal petition. [Please review these important instructions to help answer this question.](#)

Were you ever the recipient of any institutional action by any college or medical school for unacceptable academic performance or conduct violation, even though such action may not have interrupted your enrollment or required you to withdraw? *

☐ Yes

☐ No

SECTION 3: BIOGRAPHIC INFORMATION

This area of the AMCAS application helps provide more background information so that admissions committees can understand where you come from, what your family is like, where you grew up, the languages you speak, and more. It is divided into the following:

- Address and Contact Information
- Citizenship and Legal Residence
- Self-Identification
- Languages
- Childhood Information
- Military Service
- Misdemeanor
- Felony
- Disadvantaged Status
- Parents and Guardians
- Siblings
- Dependents

Address and Contact Information - Here, you have to include your preferred address, your permanent address, and your phone number. Medical schools may use these to contact you and send you letters of acceptance. It is straightforward, but make sure you don't mix up any digits on your phone number or accidentally put in your dorm address instead of your home address!

Permanent Address

Country*
United States of America (the)

Address 1*
Street number and name
Please enter your permanent address.

Address 2
Apt No., Suite No., Building No. etc

City*
Please enter your city.

State *
New York

County *
Select County
Please select your county.

Zip Code *
11221

Day Phone *
Please enter your day time phone.

Day Phone Extension

Citizenship and Legal Residence - For the next part, you have to add your citizenship and legal residence details. If you're a permanent resident of the United States, but not a citizen, make sure that's clear when filling out the AMCAS! The MD process is incredibly competitive – but even more so for international students. Some students do not admit international students at all. Knowing what passport you hold will impact the applicant pool you'll be placed in significantly.

Citizenship

To edit your citizenship, go to [My AAMC Profile](#)

Are you a citizen of the United States?

☒ Yes
☐ No

Legal Residence

Some medical schools are interested in your state and/or county of legal residence for consideration as part of their application review process. Each state has their own qualifications for determining legal residency; medical schools may request additional documentation. You are responsible for researching and understanding a state's qualifications for legal residency before claiming it as your state of legal residence in your AMCAS application. It may be possible to qualify for multiple states of legal residency, but you may select only one in the AMCAS application.

If your state of legal residency changes after submitting your application, you may request that it be changed following the procedure outlined in the [Applicant Guide](#). The updated information will be provided to all medical schools designated in your application.

Do you have a state of legal residence in the United States? *

☒ Yes

☐ No

State * Connecticut ▼

County * New Haven ▼

Self-Identification - The “self-identification” question may sound daunting, but it simply asks what ethnicity you identify as — and includes a wide range of options covering most groups, as well as the option to include multiple ethnicities if that is the case for you.

How do you self-identify? You may optionally enter this information on this page. Please check all that apply

☐ Hispanic, Latino, or of Spanish origin

☐ Argentinean ☐ Colombian ☐ Cuban ☐ Dominican

☐ Mexican/Chicano ☐ Peruvian ☐ Puerto Rican ☐ Other Hispanic, Latino, or of Spanish origin :

☐ American Indian or Alaskan Native

☐ Tribal affiliation:

☐ Asian

☐ Bangladeshi ☐ Cambodian ☐ Chinese ☐ Filipino

☐ Indian ☐ Indonesian ☐ Japanese ☐ Korean

☐ Laotian ☐ Pakistani ☐ Taiwanese ☐ Vietnamese

☐ Other Asian:

☐ Black or African American

☐ African American ☐ African ☐ Afro-Caribbean ☐ Other Black or African American:

Languages - In the medical profession, you interact with patients from a lot of different backgrounds. The AMCAS enables you to add the different languages you speak and your proficiency levels for each to learn more about you as well as get a sense of who you’d be able to communicate with as a physician in the field.

Languages

Please add all languages you speak including English.

You will be asked to include your proficiency and childhood home use.

[+ Add Language](#)

Reminder: You have not selected English. Please select all of the languages that you speak, including English.

Childhood Information - Medical schools want to know about your family's economic situation. Through questions about how much aid you received for post-secondary education, your household income growing up, and whether you've used federal or state assistance programs, adcoms receive more context on your background. Make sure you answer these questions accurately without any exaggeration! You'll also have to fill out the FAFSA to convey your demonstrated need, which then goes to the financial aid office of each program. The AMCAS questions exist to provide more context for the admissions committee when reading your application.

Childhood Information

In what area did you spend the majority of your life from birth to age eighteen?

Country*

Select Country ▼

City*

Enter city ⓘ

Description *

Select Description ▼

Do you believe that this area was medically under-served? *

- ☐ Yes
- ☐ No
- ☐ Don't know
- ☐ Decline to Answer

Have you or members of your immediate family ever used federal or state assistance programs? *

- ☐ Yes
- ☐ No
- ☐ Don't know
- ☐ Decline to Answer

What was the income level of your family during the majority of your life from birth to age eighteen? *

Select Income Level ▼

Did you have paid employment prior to age eighteen? *

- ☐ Yes
- ☐ No
- ☐ Decline to Answer

Were you required to contribute to the overall family income (as opposed to working primarily for your own discretionary spending money)? *

- ☐ Yes
- ☐ No
- ☐ Decline to Answer

How many people lived in your primary household during the majority of your life from birth to age eighteen? *

Did you receive a Pell Grant at any time while you were an undergraduate student? *


- ☐ Yes
- ☐ No
- ☐ Don't know
- ☐ Decline to Answer

How have you paid or did you pay for your post-secondary education? For each of the applicable options below, indicate the average percentage contribution towards your post-secondary education. The percentages entered should equal 100%:

Academic Scholarship	<input type="text" value="0"/>	%
Financial Need-Based Scholarship	<input type="text" value="0"/>	%
Student Loan	<input type="text" value="0"/>	%
Other Loan	<input type="text" value="0"/>	%
Family Contribution	<input type="text" value="0"/>	%
Applicant Contribution	<input type="text" value="0"/>	%
Other	<input type="text" value="0"/>	%
Total	0	%

Military Service - Some medical students use their gap years to join the military or decide to apply to MD programs once they've spent some time in the army or navy. If this applies to you, fill out this section to outline the history of your service.

Military Service

 The Department of Veterans Affairs (VA) has new programs to support veterans' medical education. The Veterans Healing Veterans Medical Access and Scholarship Program (VHVMASP) is a pilot program that provides admission, scholarship, and stipend support for the two highest ranking veteran applicants, who meet minimum acceptance criteria, for the entering class of 2020, at each of nine participating schools.

Two additional programs, the Health Professions Scholarship Program (HPSP) and the Specialty Education Loan Repayment Program (SELRP) allow VA to give preference to veterans in granting financial support. HPSP is a scholarship program that funds health professions school expenses and provides a stipend for recipients attending any US medical school, and SELRP provides loan repayment for educational expenses. SELRP is available to selected recent medical school graduates who have at least two years of residency training remaining.

All three programs require a service obligation at a VA facility after completion of residency. For more information, click on the link below.

<https://www.vacareers.va.gov/Benefits/EducationSupport/#scholarships>

Have you or are you currently serving in the United States Military? *

☐ Yes

☐ No

Felonies and Misdemeanors - These parts of the AMCAS provide you with the chance to provide background on any felonies or misdemeanors that may appear on your record. If you answer yes to either of these, you'll receive a box with a 1325-character limit to explain further. Be succinct and honest about any charges you have faced and explain the context better so that the adcom members can understand what happened. If space allows you, it is also valuable to explain how you've grown from the incident and worked to improve.

Felony

Before responding, please review the information labeled "Felony". You will find important information about your responsibility to notify medical schools if your answer to this question changes after submission, as well as state-specific notifications that have been mandated for inclusion alongside our question.

You need **NOT** disclose any instance where you:

- were arrested but not charged;
- were arrested and charged, but the charges were dropped;
- were arrested and charged, but found not guilty by a judge or jury;
- were arrested and found guilty by a judge or jury, but the conviction was overturned on appeal; or
- received an executive pardon.

Responding 'Yes' to this question will not necessarily disqualify you for acceptance or admission. Individual medical schools will review your response for accuracy and completeness, and will consider the information in the context of their overall assessment of your suitability for admission. The Association of American Medical Colleges (AAMC) recommends that all U.S. medical schools verify your response(s) upon your initial acceptance to a medical school by means of a national background check. Failure to disclose information, or the submission of inaccurate or incomplete information on this application, may disqualify you for admission.

Have you ever been convicted of, or pleaded guilty or no contest to, a Felony crime, excluding 1) any offense for which you were adjudicated as a juvenile, or 2) convictions which have been expunged or sealed by a court (in states where applicable)? *

☐ Yes

☐ No

Misdemeanor

Before responding, please review the information labeled "Misdemeanor". You will find important information about your responsibility to notify medical schools if your answer to this question changes after submission, as well as state-specific notifications that have been mandated for inclusion alongside our question.

You need **NOT** disclose any instance where you:

- were arrested but not charged;
- were arrested and charged, but the charges were dropped;
- were arrested and charged, but found not guilty by a judge or jury;
- were arrested and found guilty by a judge or jury, but the conviction was overturned on appeal; or
- received an executive pardon.

Responding 'Yes' to this question will not necessarily disqualify you for acceptance or admission. Individual medical schools will review your response for accuracy and completeness, and will consider the information in the context of their overall assessment of your suitability for admission. The Association of American Medical Colleges (AAMC) recommends that all U.S. medical schools verify your response(s) upon your initial acceptance to a medical school by means of a national background check. Failure to disclose information, or the submission of inaccurate or incomplete information on this application, may disqualify you for admission.

Have you ever been convicted of, or pleaded guilty or no contest to, a Misdemeanor crime, excluding 1) any offense for which you were adjudicated as a juvenile, 2) any convictions which have been expunged or sealed by a court, or 3) any misdemeanor convictions for which any probation has been completed and the case dismissed by the court (in states where applicable)? *

☐ Yes

☐ No

Disadvantaged Status - The next question asks whether you consider yourself to be socially, economically, or educationally underserved. The qualifiers for these are:
If you believe based on your own experiences or the experiences of family and friends, that the area in which you grew up was adequately served by the available health care professionals

- If there weren't enough physicians, nurses, hospitals, clinics, and other health care service providers in your area growing up
- If you or your immediate family receive state or federal assistance programs

Carefully consider each question and answer "yes" for disadvantaged status if you believe these resonate with your conditions.

Disadvantaged Status

Do you wish to be considered a disadvantaged applicant by any of your designated medical schools that may consider such factors (social, economic or educational)? *

How do I know if I should be considered disadvantaged?

☐ Yes

☐ No

Parents and Guardians - Next, the AMCAS wants to know about your parents, the highest level of education they received, and what their occupation is.

Add Parent / Guardian



Please enter the following information about all your parents or guardians.

Name *

Occupation *

Select Occupation

Living? *

☐ Yes

☐ No

☐ Don't know

Sex *

☐ Male

☐ Female

☐ Decline to Answer

Highest Education Level

Degree *

Siblings - If you have any siblings, the AMCAS asks that you include their age and sex.

Add Siblings



Age *

Sex *

☐ Male

☐ Female

☐ Decline to Answer

Dependents - For the final part of this section, let the AMCAS know if you have any dependents, or people whom you support financially, including children and siblings.

Dependents

How many dependents do you have?*

SECTION 4: COURSE WORK

This is an extremely important section, as the AAMC uses what you insert for your grades to calculate your AMCAS GPA. The AMCAS GPA is a standardized way for the board to compare all candidates' backgrounds in a fair way. You have to add every class that you've taken in college and at any other undergraduate and post baccalaureate levels - plus AP or IB classes you have used for college credit.

- The form wants to know:
- The academic year in which you took the course
- The term
- The year in school (freshman, sophomore, junior, senior, post baccalaureate, graduate)
- Course classification (this includes options such as biology, history, English)
- Credit hours
- Transcript grades
- Whether it had a lab section or it was lecture-only

Revisiting every course can seem like a tedious task, but you want your GPA to reflect all your efforts, so make sure you read each question carefully. Medical schools will use this information for transcript verification and ensuring that you completed all the necessary prerequisites — so fill it out thoughtfully!

Academic Year *

Select Year

Academic Term *

Select Academic Term

Year in School *

Select Year In School

Course Number

Please enter course number

Course Name *

Please enter course name

Course Classification *

Please review additional information about Course Classification in the [AMCAS Applicant Guide](#).

Select Course Classification



Although an asterisk does not appear next to Transcript Grade and Credit Hours indicating these fields are required, you must complete these fields if the information appears on your official transcript.

In certain cases, it may be appropriate to leave these fields blank. [Please review the coursework section](#) of the AMCAS Applicant Guide for more information. Failure to include required grades and credit hours may result in application processing delays, missed deadlines, and lost application fees. Please contact the AAMC Services Contact Center if you have any questions: (202) 828-0600, amcas@aamc.org.

Credit Hours

Please enter Credit Hours

Transcript Grade

Please enter Transcript Grade

Did the course include a lab section? *

- ☐ Lecture Only
- ☐ Lab Only
- ☐ Combined Lecture and Lab

SECTION 5: WORK & ACTIVITIES

Now we come to one of the sections prospective medical candidates are more familiar with – the work and activities questions. Here, you have to include up to 15 extracurriculars that demonstrate your interests and how you spend your free time. For each activity, you're allowed up to 700 characters, including spaces. You don't have to fill out all 15 slots if you believe 12-14 capture your background and impact well enough. You can select up to three of these as your "most meaningful experiences." For each of these three, you get an additional box with a limit of 1325 (on top of the 700), including spaces, to further elaborate on the activity.

Your activities don't all have to be directly related to the field of medicine. While it certainly should include any volunteer activities, shadowing experiences, research jobs, and other initiatives that have provided you with a glimpse into the medical profession and a chance for patient interaction, your other interests also matter.

Add Work/Activities

Experience Type *

Select Experience Type

Experience Name *



Indicate the total number of hours that you spent completing (or expect to complete) this work experience or activity during the date range that you indicate. If this is a repeated experience, enter the total number of hours for each date range you provide.

Start Date *

Select Month

Select Years

End Date *

Select Month

Select Years

Total Hours *

Repeated *

☐ Yes

☐ No

Organization Name

Country

Select Country

City

Contact Title *

Contact First Name *

Contact Last Name *



(Providing an email address or a phone for your contact is required)

Contact's Phone *

Email Address *

Experience Description

700 characters left of 700

This is one of my most meaningful experiences *☐ Yes☐ No**Most Meaningful Experience Summary ***

This is your opportunity to summarize why you have selected this experience as one of your most meaningful. In your remarks, you might consider the transformative nature of the experience: the impact you made while engaging in the experience and the personal growth you experienced as a result of your participation.

This is a required field.

1325 characters left of 1325

SECTION 6: LETTERS OF EVALUATION/ RECOMMENDATION

Your recommenders are busy people, so you would probably feel guilty if they spent a lot of time sending recommendation letters individually to the 25-30 schools that should ideally be on your list. The AMCAS makes it easy to centralize all of your letters by allowing them to add their recommendations to the portal and sending them to each of your programs once you submit. You can choose to submit committee letters, a letter packet assembled by your undergrad institution, or an individual letter.

Your pre-med committee, professors, and supervisors can all upload their recommendations electronically once you include their contact information. After you've submitted their name, the AMCAS will contact them to provide the necessary documents. You want the letters to be sent at the same time as when you've submitted your file, so make sure you ask them far in advance. You can find more details on medical school letters of recommendation [here](#).

Add Letter of Evaluation/Recommendation



i Many medical schools determine whether or not an applicant has met their letter of evaluation/recommendation requirements by the type of letters they receive in support of an application. For example, a medical school may require a committee letter OR three individual letters in support of your application.

Please review the [AMCAS Applicant Guide](#) for more information about Letters of Evaluation.

Please identify the type of letter you wish to enter. If you are uncertain as to the type of letters provided by your school/institution, please ask your pre-health advisor or career center prior to answering this question.

☐ Committee Letter:

A committee is a letter authored by a pre-health committee or pre-health advisor and intended to represent your institution's evaluation of you. A committee letter may or may not include additional letters written in support of your application. A Committee Letter is sometimes called a composite letter.

☐ Letter Packet:

A packet or set of letters assembled and distributed by your institution, often by the institution's career center.

☐ Individual Letter:

An individual letter refers only to a letter authored by, and representing, a single letter writer. **If you have already included an individual letter within either a committee letter or letter packet, you do not need to add a separate entry for the individual letter.**

i Select a meaningful Letter Title, as you may need this title later to identify a letter. For example, if this letter were from the University Of X, with a primary contact of John Doe, and you intend to have this letter sent only to MD/PhD programs, you might create a title of "UX_Doe_MD_PhD".

Letter Title

Please enter a title for this letter

Cancel

Save

Primary Contact/Author

Prefix

Select Salutation

First Name *

Please enter the author's first name

Middle Name

Please enter the author's middle name

Last Name *

Please enter the author's last name

Suffix

Select Suffix

Title

Please enter the author's title

Organization Name

Please enter an Organization Name

Address*

Street number and name

Address 2

Apt No., Suite No., Building No. etc

Country*

Select Country

City*

Enter City

Phone

Email

SECTION 7: ADD MEDICAL SCHOOLS

Next, it's time to add the medical schools that you wish to apply to so that the AMCAS can send your documents to them once your application has been verified. Because the medical school admissions landscape is so competitive, we advise that you apply to 25-30 schools to provide yourself options. While medical schools do have deadlines for primary applications, ideally you want to be among the first candidates whose documents are sent to programs. Make sure that you prepare your application as soon as possible.

Add Medical School

×

Filters

State

Filter by State

Deadline

Filter by Deadline

Program Type

Filter by Program Type

Schools

School*

Select School

Cancel


Save

SECTION 8: PERSONAL STATEMENT

The eighth section of the AMCAS is where you insert your personal statement. This essay — within a limit of 5300 characters, including spaces — should ultimately capture who you are and why you want to go to medical school. This can be daunting to write!

While it may have been motivated by one or more particular moments, ask yourself whether the perspective you're presenting is truly unique to you. Thousands of medical school candidates receive rejection letters every year. To be one of the ones that is accepted, you must articulate what motivates your passion for medicine, how you've prepared to become a doctor, and what you can bring to the field of medicine. As you brainstorm topics, also consider ones that [you should avoid](#). Once you've gone through many drafts, copy the final polished version to the AMCAS and you should be all set to submit your application to medical schools!

Personal Comments Essay

 Consider and write your Personal Comments carefully; many admissions committees place significant weight on this section. Make sure you proofread carefully because no changes may be made after you submit your application. [What information should I consider including in my personal comments?](#)

Use the space provided to explain why you want to go to medical school. *

5300 characters left of 5300

SECTION NINE: STANDARDIZED TESTS

Finally, you must include your MCAT score, along with when you took it — this includes your overall composite score, the sub-scores from each section, and the number of times that you sat for the test. Since the AMCAS and MCAT are both under the AAMC, if you've got an MCAT score associated with your account, this will appear already in this section. Make sure you transcribe the additional information accurately, as MCAT scores are released automatically to the AMCAS once your results come out. This means that you also can't withhold any scores from the system — so include sub-scores and composite scores for every sitting!

If you have any upcoming test dates coming up, this is also the place to put when you plan to take it. The AMCAS also has a section to upload results from any additional exams you may have taken, such as the GRE.

MCAT® Scores

Note: Your MCAT scores have not been loaded yet.

MCAT® Exam Date

i Please remember to keep this information current, especially after initial submission, as it alerts medical schools when to expect your MCAT exam scores.

Medical schools need to know if they should expect future MCAT scores in support of your application. Do you have an upcoming or recently taken MCAT exam date where official MCAT scores have yet to be released?*

☐ Yes

☐ No

Other Tests

i Here's an example of what kinds of tests some applicants enter:

- Test Name: GRE
- Test Date: January 1, 2004
- Test Section: Verbal
- Score: 600

Would you like to include your test score from another exam, (such as the GMAT, LSAT, or GRE)?

[+ Add Test Score](#)

[None](#)

The AMCAS might seem like an intimidating portal to complete at first glance. However, if you think about it, you've been preparing the majority since you took the plunge to prepare for MD programs. Carefully read the instructions in each section, review what you've typed to check for errors, and work hard to present why you're a unique candidate who would meaningfully contribute to the profession of medicine. Hopefully, you'll receive one or more of those coveted accepted letters from medical schools on your list. Best of luck!