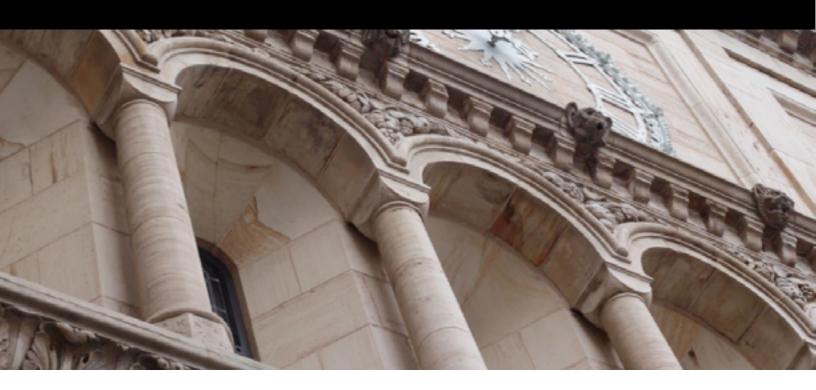
# A ROADMAP TO MEDICAL SCHOOL ADMISSION

The Steps You Must Take To Succeed







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# **GENERAL INFORMATION & STATISTICS**

#### Chances of medical school admission:

In 2010, there were 42,742 applicants to U.S. medical schools. Of the 42,742 applicants, 18,665 (44%) were accepted and matriculated.

## Accredited Medical schools in the US:

Allopathic 130 Osteopathic: 25

## National averages of accepted students 2013:

## **Allopathic Matriculants:**

MCAT: 31.3 GPA: 3.69

**BCPM GPA: 3.63** 

## **Osteopathic Matriculants:**

MCAT: 26.87 GPA: 3.52

BCPM GPA: 3.5

# **General Premed requirements:**

- English
- General Bio with Lab
- General Chem with lab
- Organic Chemistry with lab
- General Physics with lab
- Math including Calculus

### Admission tests:

MCAT: www.aamc.org

# **Application Services:**

AMCAS (American College Application Service): www.aamc.org

List of participating AMCAS schools can be found here:

https://www.aamc.org/students/applying/amcas/participating schools/





# **AACOMAS (American Association of Colleges of Osteopathic Medicine)**

www.aacom.org

# **TSDMS (Texas Medical & Dental Schools Application Service)**

#### www.tmdsas.com

The University of Texas Southwestern Medical Center, Texas A&M Health Science Center, The University of Texas Medical Branch at Galveston, Texas Tech University Health Science Center School of Medicine, The University of Texas Health Science Center at Houston Medical School, University of North Texas HSC-Texas College of Osteopathic Medicine, The University of Texas School of Medicine at San Antonio, Texas Tech University Health Sciences Center Paul L Foster School of Medicine at El Paso

## OMSAS (Ontario Medical Schools Application Service)

## http://www.ouac.on.ca/omsas

Michael G. DeGroote School of Medicine (McMaster), Northern Ontario School of Medicine, University of Ottawa, Queens University, University of Toronto, Western University

**Letters of evaluation:** Most schools require 5 letters of recommendation; 3 from faculty and 2 personal letters. Committee letters are optional, but recommended.

## **International Medical Schools:**

# http://www.faimer.org/resources/imed.html

FAIMER (Foundation for Advancement of International Medical Education and Research) maintains a searchable database of international medical schools called the International Medical Education Directory (IMED)

|                                      | MCAT | GPA  |
|--------------------------------------|------|------|
| American University of the Caribbean | 21   | 3.10 |
| Ross University                      | 25   | 3.40 |
| St. George's University              | 27   | 3.40 |





# The cost of applying to medical school:

| D. A. II. II. ALAGAG                      | 44.40                                     |
|---|---|
| Primary Application - AMCAS               | \$160                                     |
| Additional Schools AMCAS (avg 14 schools) | \$36 per school (\$304)                   |
| Primary Application - AACOMAS             | \$195                                     |
| Additional Schools - AACOMAS              | \$35 per school, \$50 if after submission |
| Caribbean School Application              | \$100 each (\$300 )                       |
| Secondary Applications                    | \$50-100 per school                       |
| College Transcript Fees                   | \$5-10 each                               |
| MCAT Registration Fee                     | \$300                                     |
| MCAT Review Course & Books                | \$2,000-3,000                             |
| Interview Clothes & Travel                | \$500-2000                                |

# **FRESHMAN YEAR**

Freshman year is the time to start thinking about the medical school. The planning process begins as early as fall of your freshman year. This is the time to strategically plan out the sequence of your coursework, summers and extracurricular activities, leadership and volunteer work to ensure you are able to complete all of the requirements to apply in spring of your junior year. InGenius Prep can help you with writing your admissions essays to competitive summer internships. More importantly you could enroll in a candidacy building package that can help you strategize your best path for success right from the start.





# **SOPHOMORE YEAR**

Sophomore year is a time to **continue strategizing** and planning coursework to ensure you have completed everything you need to be prepared for the MCAT and meet medical school admission requirements. It is also time to map out how you will meet your extracurricular goals and find meaningful ways to pursue medically related activities. Again, you may be applying to a competitive summer program or research fellowship that require extensive applications including personal statements. Even if you are spending your summers trying to get real world experience working in the healthcare field we can direct you to appropriate opportunities and help you polish your CV and interview skills. InGenius Prep can help you with **writing your admissions essays**, developing meaningful experiences and relationships with future letter of recommendation writers and with continued **candidacy building packages** to help you strategize your best path for success.

# **JUNIOR YEAR**

Fall/Winter of Junior year is when the medical school admissions planning begins. For many applicants they will need to start thinking about scheduling the MCAT in January of their junior year for the early Spring dates. This allows an option to repeat it in early summer if necessary. This is a time to familiarize yourself with different medical schools and their requirements and start thinking about where you might want to apply. It is time to start approaching mentors and faculty to make sure you get the best letters of recommendation. This is the time to decide if you are going to do a gap year. Decision making is in full gear and application season is here. Get a head start. InGenius Prep has several application building packages that will suit your needs.

Winter/Early spring of Junior year is when the admissions cycle formally begins. Many of you will be registering and studying for the MCAT examination. It is never too early to start working on a draft of your personal statement. AMCAS is open early-May but there is one month before you can formally submit your application in early-June. The first date AMCAS data is transmitted to medical schools is June 27th. You need your transcripts forwarded to AMCAS prior to submission to medical schools, however, you do not have to have your





MCAT scores or letters of recommendation completed. These will be forwarded to schools when they are available on a rolling basis. You can find school deadlines within the AMCAS application. At InGenius Prep we have everything from a basic to comprehensive application package to smoothly guide you through the process.

<u>Summer of junior year</u> is when the heavy lifting begins. Early decision applications are due on August 1st with a decision by October 1st. Regular admission deadlines start in October and end in December with decisions by March. You should have your AMCAS application complete and the secondary applications starting to arrive. You should be sure you have all of your letters of recommendation completed. If you haven't taken the MCAT yet or are repeating it now is the time register and take it in late summer. You may already have some interviews scheduled. Now is the time to think about prepping for interviews. Check out the InGenius Prep interview packages to get you ready.

# **SENIOR YEAR**

Fall of senior year you will continue on the interview trail with campus visits at medical schools. Need to brush up on your interview skills, it is not too late. Acceptances and waitlist letters will may start coming in through early Spring. By May 15th you need to choose your school. You may need to regroup and start considering a gap or post baccalaureate year. Contact us to help us customize a package for your gap or post baccalaureate year.



#### Resource weblinks:

InGenius Prep Free Consultation

AMCAS®: www.aamc.org/amcas AACOM: http://www.aacom.org/

www.tmdsas.com

http://www.ouac.on.ca/omsas

http://www.faimer.org/resources/imed.html

https://www.aamc.org/download/321494/data/2013factstable17.pdf

http://www.aacom.org/data/applicantsmatriculants/Documents/2013-Applicant-Ma-

triculant-Report.pdf

https://www.aamc.org/students/applying/amcas/participating\_schools/

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